



## MID WEEK SKILL DEVELOPMENT PROGRAMME

### TERM FOUR 2024

#### **PURPOSE**

The purpose of the mid-week skill development programme in Term 4 2024 is to provide Secondary School Girls in years 9-13 with development opportunities that they may not get outside of the school space. It also provides school coaches with the opportunity to develop their coaching skills through supporting a specialist coach. This purpose has evolved from recognising that there are girls who may only play for their school team or be at a school that doesn't have a cricket programme.

#### **PROGRAMME DATES**

Week 1: Thursday 31<sup>st</sup> October 2024

Week 2: Thursday 7<sup>th</sup> November 2024

Week 3: Thursday 14<sup>th</sup> November 2024

Week 4: Thursday 21<sup>st</sup> November 2024

Week 5: Thursday 28<sup>th</sup> November 2024

#### **VENUE**

To be held at Hagley Park polo grounds in order to create a festival atmosphere to ensure a positive environment is created.

#### **PROGRAMME BREAKDOWN**

Over the five weeks the girls will take part in different forms of skill development. Please see the five-week breakdown below:

- Week 1: Bowling & Fielding/Wicket Keeping
- Week 2: Batting & Umpiring
- Week 3: Indoor Net Session
- Week 4: Modified Game
- Week 5: Modified Game

Girls will register as an individual and take part as an individual. This means that girls can register who are at a school that may not have a cricket team.

The purpose of the first two weeks being skill focused is that the girls can learn from specialist coaches on how to further develop those skills. The girls then move into an indoor net session which falls on a teacher only day where the girls can learn how to use the indoor facilities with guidance and choose what they would like to work on. Weeks 4 and 5 see the girls come together to take part in a modified game with the purpose of being able to practice the new skills they have developed in a fun, low pressure environment.

## **SUPPORT FROM SCHOOL PERSONAL**

If a school has multiple players attending, we encourage that their school cricket team coach would accompany the girls and move through the rotations for the first two weeks so that they can provide support to the specialist coaches. This is also how the school coaches can further develop their coaching skills.

## **EQUIPMENT**

- Players/schools are to bring their own playing equipment, warm up gear etc.
- Christchurch Metro Cricket Association will provide stumps if needed for the modified games.

## **HEALTH & SAFETY**

All equipment must be safe to use. All grounds & pitches must be in a safe condition for games. Schools are responsible for the health and safety of their students in transit to and from and at the venue. Specialist coaches and school coaches are responsible for the safety of players during play. A RAM form has been completed and can be distributed to schools if required.

## **CANCELLATION**

Cancellation information will be sent via email to all participants and their coach (if attending) by 1pm on the day of competition.

## **ENTRY**

Please enter via the following link.

If you have any questions, please contact Abigale Gerken at [agerken@canterburycricket.org.nz](mailto:agerken@canterburycricket.org.nz)

Entries do not close until the five weeks is over. However, we strongly encourage girls to register prior to the first session they attend so that we know numbers.

## **COST**

There is no cost to participants or schools.

## **CONTACT**

The main point of contact for The Mid-Week Skill Development is Abigale Gerken from CCA. Her contact details are as follows:

Email: [agerken@canterburycricket.org.nz](mailto:agerken@canterburycricket.org.nz)

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